

## How to use the Vial of Life properly

Follow these 4 simple steps to using your Vial of Life. You can also save and store this information at [VialofLife.com](http://VialofLife.com) for easy future access to change information like Meds, Doctors, Etc.



### 1. Fill out the Vial of Life form

- Fill out the vial form (copies can be obtained from the Fire Department or from our website [www.ci.sandusky.oh.us](http://www.ci.sandusky.oh.us)). Answer all or any pertinent questions.
- Make blank copies of this form to keep information current or go to [www.vialoflife.com](http://www.vialoflife.com) to maintain and store updated information.



### 2. Place the decal on front of a plastic baggie

- Place the form you filled out in the plastic baggie.
- You may also consider placing the following items in the baggie.
  - Copy of EKG
  - DNR ( Do Not Resuscitate)
  - Living will or equivalent
  - Recent Picture of self



### 3. Place the baggie on your refrigerator door

- Securely tape plastic baggie to front of refrigerator door.
- Place the decal on the side of your refrigerator or on the front door where anyone responding to an emergency could easily see it.



### 4. Place the second decal on your front door

- Place the decal on the front door so it can easily be seen by anyone responding to an emergency.